



We Purchase Locally & Offer Gluten Free Foods! If you have a food allergy please speak to the manager, chef, cook or server.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1 Hot Dog on WW Bun  
Crispy Chicken Caesar Wrap  
Baby Carrots  
Corn  
Orange  
Sliced Peaches

2 W.G. Pasta with Meatballs\*  
Shredded Mozzarella Cheese  
Turkey & American on WW  
Baby Carrots  
Spinach Steamed  
Sliced Peaches  
Pineapple

3 Crispy Chicken Sandwich  
Ham & Cheese Sandwich P  
Apple  
Black Beans  
Baked Tater Tots  
Sliced Peaches

4 Cheese Pizza V  
Chicken Salad Wrap  
Steamed Green Beans  
Broccoli  
Applesauce  
Orange

8 Roast Turkey Breast w/ Gravy  
Brown Rice  
Egg Salad Sandwich\* V  
Brown Sugar Glazed Carrots  
Steamed Green Beans  
Apple  
Diced Pears

9 Hot Dog on WW Bun  
Turkey Ranch Wrap  
Baby Carrots  
Baked Beans  
Applesauce  
Sliced Peaches

10 Oven Roasted Chicken  
One Dinner Roll  
Turkey & American on WW  
Corn  
Black Beans  
Cinnamon Applesauce  
Orange

11 Turkey Pepperoni Pizza  
Cheese Pizza V  
Ham & Cheese Sandwich P  
Spinach Steamed  
Romaine Salad w/ Tomato  
Sliced Peaches  
Apple

15 Spring Recess

16 Spring Recess

22 Loaded Beef Nachos  
Brown Rice  
Chicken Caesar Wrap  
Corn  
Baby Carrots  
Apple  
Peach Cup

23 Chicken Cheese Sandwich  
Turkey & American Cheese  
Wrap  
Sweet Red Pepper Strips  
Baked Beans  
Diced Pears  
Orange

24 Chicken Fajita Roll Up  
Brown Rice  
Turkey Ranch Wrap  
Black Beans  
Baby Carrots  
Sliced Peaches  
Banana

25 Cheese Pizza V  
Ham & Cheese Sandwich P  
Broccoli  
Baby Carrots  
Peach Cup  
Honeydew Melon Cup

29 Hot Dog on WW Bun  
Turkey & American on WW  
Baked Beans  
Baby Carrots  
Applesauce  
Pineapple Cup

30 Taco Tacos  
Shredded Cheddar  
Brown Rice  
Chicken Caesar Wrap  
Corn  
Baby Carrots  
Diced Pears  
Pineapple



7 Popcorn Chicken  
One Dinner Roll  
Turkey Bologna & Cheese on WW  
Corn  
Baby Carrots  
Diced Pears  
Sliced Peaches

14

21 Popcorn Chicken  
One Dinner Roll  
Ham & Cheese Sandwich P  
Baked Tater Tots  
Spinach Steamed  
Peach Cup  
Applesauce

28 Chicken Nuggets  
Whole Wheat Dinner Roll  
Turkey Bologna & Cheese on WW  
Corn  
Green Peppers  
Sliced Peaches  
Diced Pears

**We Offer Breakfast Daily**

Daily Salad Plates (Include Salad, Bread, Dressing, Protein, add choice of fruit and choice of milk)

Monday Sliced Turkey Salad  
Tuesday Caesar Salad w/ Breaded Chicken

Wednesday Egg Salad Plate

Thursday Tuna Salad Plate

Friday Chef Salad Plate

V Vegetarian H Healthier Choice P Pork Choice

If you have any questions or would like additional information regarding this menu, please contact your food service director at (914) 737-0201 Ext 322

**LUNCH PRICES**

Reimbursable Lunch Price \$1.80  
Reduced Lunch Price \$0.25  
Milk/Chocolate Milk \$0.35  
100% Juice 4 oz \$0.35

**PREPAID LUNCHES AVAILABLE**

10 Lunches \$18.00 20 Lunches \$36.00  
30 Lunches \$54.00 40 Lunches \$72.00

**LUNCH INCLUDES**

Skim Milk, 1% Milk or Skim Chocolate Milk / 100% Juice / Vegetable Choice / Fruit Choice

**AVAILABLE DAILY**

Whole Grain Bagel w/Butter or Low Fat Cream Cheese and Cheese Sticks / Low Fat American Cheese Sandwich /Jelly Sandwich With Cheese Sticks / Yogurt with Dinner Roll and Cheese Sticks/Daily Salad Special/ Above Lunches Include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

**SENSIBLE SNACKS CONTAIN**

Fat=7g or less Sat Fat=2g or less

Sodium=360mg or less Sugar=15g or less

Did you know that our menus are healthy, nutritious and flavorful, made from wholesome ingredients? We have very high ingredient standards and strict procedures in place to make sure of it! We also purchase locally when seasonally available. Check us out at [www.whitsons.com](http://www.whitsons.com) or scan our QR code to see all that we are doing at your school to keep your kids healthy!



**KEY:** V Vegetarian P Pork H Healthier Choice